

Marian's Recommended Reading List

Books

- Gerhardt, S. (2004). *Why love matters: How affection shapes a baby's brain*. New York: Brunner-Routledge
- Gottman, J. (1997). *Raising an emotionally intelligent child*. New York: Simon & Shuster.
- Hammond, R. (2009). *Respecting babies: A new look at Magda Gerber's RIE approach*. Washington, D.C.: ZERO TO THREE.
- Heller, S. & Gilkerson, L. (Eds.) (2009). *A practical guide to reflective supervision*. Washington, DC: Zero to Three.
- Hirsch-Pasek, K., Golinkoff, R.M., & Eyer, D. (2003). *Einstein never used flashcard: How our children really learn and why they need to play more and memorize less*. Rodale Publishing.
- Lillas, C. & Turnbull, J. (2009). *Infant/child mental health, early intervention, and relationship-based therapies*. New York: Norton.
- Medina, J. (2010). *Brain rules for babies: How to raise a happy child from zero to five*. Seattle, WA: Pear Press.
- Pawl, J. & St.John, M.. (1998) *How you are is as important as what you do...* Washington, DC: Zero to Three.
- Perry, B, & Szalavitz. (2010). *Born for love: Why empathy is essential and endangered*. New York: Harper Collins.
- Siegel, D. (1999). *The developing mind*. New York: Guilford Press.
- Siegel, D. & Hartzell, M. (2004). *Parenting from the inside out*. New York: Penguin Group.
- Shirilla, J. & Weatherston, D. (Eds.) (2000) *Case studies in infant mental health: Risk, resiliency, and relationships*. Washington, DC: Zero to Three.
- Shonkoff, J. and Phillips, D. (2000). *From neurons to neighborhoods: The science of early childhood development*. Washington, D.C.: National Academy Press.
- Stroufe, L. A., Egeland, B., Carlson, E A.,, & Collins, W. A. (2005). *The development of the person*. New York: Guilford Press.
- Sunderland, M. (2006). *The science of parenting*. New York: DK Publishing.
- Thoman, E. B. & Browder, S. (1987). *Born dancing: How intuitive parents understand their baby's unspoken language and natural rhythms*. New York: Harper & Row.

Websites

Center for Early Childhood Mental Health Consultation

www.ecmhc.org

Center on the Social Emotional Foundations for Early Learning

www.vanderbilt.edu/csefel

Michigan Association for Infant Mental Health

www.mi-aimh.org

Parenting Counts Website (Resources including video clips on child development)

www.parentingcounts.org

ZERO TO THREE® National Center for Infants, Toddlers, and Families

www.zerotothree.org



The people we are in relationship
with
are always a mirror, reflecting our
own beliefs,
and simultaneously we are
mirrors, reflecting their beliefs.
So... relationship is one of the
most powerful tools for growth...
If we look honestly at our
relationships,
we can see so much about how we
have created them.



~ Shakti Gawain ~